

Give a tootle

Your child's new superpower!

Aim: To help reinforce positive behaviours and reduce conflict within your household.

A tootle is where children 'big up' or 'shout out' to a sibling, parent, household member who has been kind or helpful. A tootle is the opposite of a 'tattle' or 'tell-tale' and tootles are given for positive behaviours like sharing. Your child's superpower is to notice positive behaviours of others around them and giving a tootle (tracked in some way written or verbal).

Ideas of what a Tootle could be given for:

- Taking turns
- Helping others clean
- Using kind words
- Share
- Listen
- Include others
- Helping others without being asked
- Complimenting others
- Demonstrating good emotional regulation e.g. walking away from a sibling if upset by them instead of arguing.



Ideas

- Tootle tree – help the tootle tree grow by noticing when others are being kind. Draw the trunk and branches of the tootle tree (could be a creative activity to do together). Cut out lots of leaf shapes (big enough to write on) and write your tootles on these then stick onto the tree. When the tootle tree is full of leaves you could agree on how to celebrate e.g. movie night
- Tootle train - write tootle tickets for the tootle train, could have a journey with stops. Each stop could be a different fun activity to do together. E.g. 10 tootle tickets needed to get to the next stop.
- You could make tootle criteria so it is clear what a tootle could be given for e.g. tootle must be kind or helpful behaviour towards another person
- If there is a particular positive behaviour you want your child to show, create opportunities for this e.g. turn taking games. You could have a 'tootle of the day' and have a focus of what you want them to look out for e.g. using kind words.

Have you seen someone in your house being kind or doing something helpful for someone else? Let's write a tootle for them.

Template for a Tootle:

Who (person who was kind/helpful):

Did what (the kind/helpful act):

For whom (the person they helped or were kind to):

Tootler (person writing the tootle):



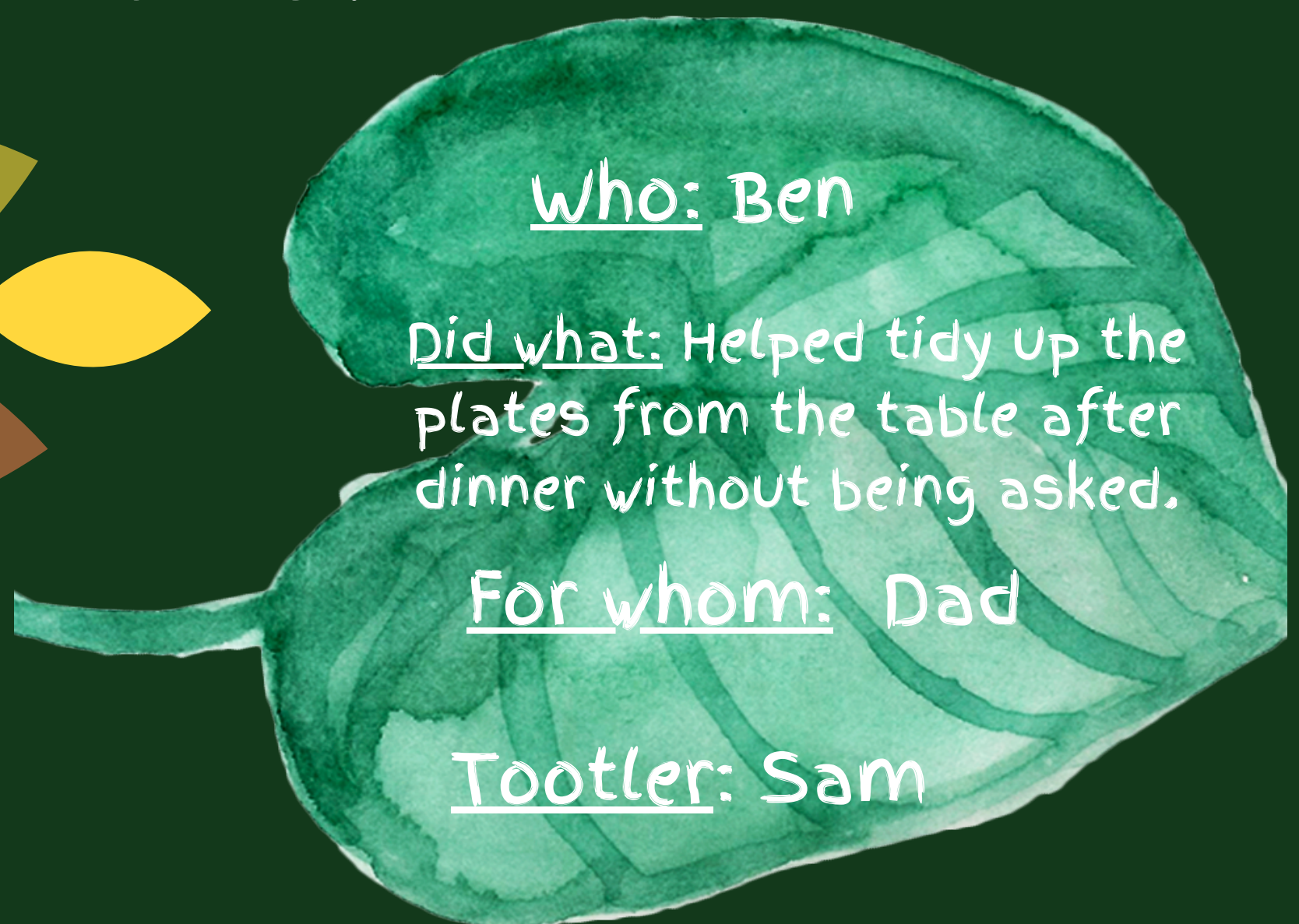
TOOTLE TREE

HAVE YOU SEEN SOMEONE IN YOUR HOUSE
BEING KIND OR DOING
SOMETHING HELPFUL FOR SOMEONE ELSE?

LET'S WRITE A TOOTLE FOR THEM ON A LEAF
AND HELP THE TOOTLE TREE GROW!



Tootle example: Sam saw her brother help dad tidy up the plates once they had finished dinner.



Who: Ben

Did what: Helped tidy up the plates from the table after dinner without being asked.

For whom: Dad

Tootler: Sam